



Rev Ron Rambles On

APRIL 2012

HE IS RISEN

Over the past Wednesdays of Lent we have had roundtable conversations about the *Marks of the Christian* – a part of the Book of Faith initiative of the ELCA. This study has had great conversation from unusual places such as how God calls us to *hate*, which as we learned is in fact a showing of radical love in action. For this conversation that took place on week 3, day 13 of the study, we reflected on Psalm 97:10: “The Lord loves those who hate evil; he guards the lives of his faithful; he rescues them from the hand of the

wicked.” These have been great conversations and at our more recent meeting week 5, day 25, we discussed how love lends us to hope, and hope is a form of protest. Lane writes in *Handbook of Spirituality for Ministers*: “Hope is a trusting interpretation that the glimpses of life and beauty and glory in the present are not empty but full of promise....[Hope] is also a response, a type of resistance and protest, against the presence of so much suffering, death and tragedy in the world. Hope must be able to face the whole of life in its ambiguous mixture of joy and grief, loss and creativity, suspicion and trust.”

hope in Christ is more than saying “I hope the Reds win this season.” To say “I hope in Christ” is the same as saying “I know for certain that the promises of Christ are true” despite what the worldview may hold. This certainty of hope is our faith. It is the refusal, the resistance, the protest against all that destroys God’s community and causes pain, suffering, and tragedy. Those who have hope in the Lord, place their complete trust in the Lord and stands against all that may come against and try to pull them away.

As Easter quickly approaches and we celebrate the resurrection of Christ our Lord, may you find a renewed hope in your faith. I pray that the closing of our Lenten journey and the Easter season be a time of renewed faith in the one who hates sin and death so much that He sent His only Son our Lord to suffer and die on the cross for our sake so that we may have eternal life in Him.

Pastor Ron

Inside this issue:

Rev Ron Rambles	1
Family Conversations	3
Pastor Ron Says...	4
Tornado Clean Up	5
March Council Minutes	6-7
Want Ads (God is Hiring)	9
March Calendar	13
LifeLine Screening Results	15
He Is Not Here-He Is Risen!	17

What a radical thought about love as hatred against evil and protest against suffering! Hatred moves one to action and protesting is one action – after all no one ever hated something without letting it be known and no one has ever protested something without taking some form of action against something; even the refusal to take an action is in itself an action. To protest, to respond, must first come from something and that is hope itself. Hope, as we discussed, is certainty. Our





CHURCH INCOME

Member Giving \$ 4,573.00
\$ 14,718.00

FEBRUARY CHURCH EXPENSES

Books & Supplies	\$ 325.47
Copier Support	\$ 205.73
Electric	\$ 187.37
Ministries	\$ 268.66
Housing Allowance	\$ 1,249.99
Phone	\$ 165.33
Mortgage	\$ 1,429.50
Pastor Salary	\$ 3,264.32
Propane	\$ 378.99
Pension & Disability	\$ 600.43
Outreach	\$ 175.86
Worship	\$ 37.14
Worker's Comp	\$ 167.99
<u>Office Supplies</u>	<u>\$ 159.00</u>
	\$ 7706.98

TOTAL EXPENSES \$ 7,706.98

TOTAL INCOME \$ 4,573.00

DIFFERENCE \$ -3,133.98

SPRING INTO KROGER

Use your Kroger card for items in April!

Friendship Outreach Kroger Cards!

Outreach Kroger Reward Program :RE-LOAD & RE-USE!

4% of use goes to Friendship Church Outreach & Ministry efforts (outside of our regular budget!

In 2011 we were blessed to receive over \$4000.00 from the use of these great little cards.

ALL AT NO COST! EASY TO USE! FREE MONEY!

Use your lucky Kroger card this month to buy groceries, goodies Easter, or that yummy spring dish!

While you are at it, use your card to purchase your prescriptions, Kroger gas, Starbucks (at participating Super Kroger Stores) and more! All throughout Kroger!

Need another card? Just e-mail

Cards@friendshipcincy.org or contact Pastor Ron. Cards are \$10 (with \$10 already loaded on it for you to use).

Buy another one for a family member or friend, or a church/community member in need.

Thanks for your support! It really adds up!!



Earn money for FLC by simply buying groceries at 

It's as SIMPLE as 1 - 2 - 3

	+		+		=	
1 Shop for Groceries		2 Ask Cashier to load your FLC Kroger Card		3 Check out & pay with loaded FLC Kroger Card		You get your groceries & FLC earns 5% of your total order!



Family Conversations

Presents...

A Harmonious Home

With

Melanie Recchia

This program is designed for any caregiver with a desire to learn practical strategies for creating a more harmonious home environment. The program will include:

- ⇒ Identifying the most effective parenting style for your home
- ⇒ Tips for responding to the power struggles of parenting
- ⇒ Identifying key components of a harmonious home environment

event and dinner is FREE

Childcare for all ages will be provided

Thursday April 19th

6:30pm to 8:00pm

This event is hosted by Family Conversations, a monthly group that holds round table conversations for parents to discuss problems, stresses, faith and everything that is involved with being parents.



Melanie Recchia is an Independently Licensed Marriage and Family Therapist in the state of Ohio. She is the Director of Training for Child Focus, Inc., has worked in the school-based and outpatient programs at CFI, taught a general psychology course at Southwestern College, and currently is part of a group practice in Mason, Ohio. She has over 15 years of experience working with clients on a variety of issues and challenges such as depression, anxiety, trauma, sexual abuse, marital conflict, and has extensive experience working with children and adolescents suffering from emotional and behavioral problems. Melanie is a certified instructor for Stewards of Children and QPR, a Gatekeeper Suicide Prevention Program.

Disaster Relief- Helping our Friends in Clermont County



On Saturday, March 10, a group of members from Friendship Church linked hands with both God and Neighbor and volunteered their time to a tornado stricken area in Clermont County. The team assisted a family on Swope Road in Bethel, Ohio, whose house and yard suffered serious damage. Fortunately no family members, nor pets, sustained any injuries in the devastating storm.

The group arrived at 10:30a.m. to the house of Holly and Rick. Their house was still standing. However, most of the windows had been blown out. Their deck was completely gone. The roof had lifted from its foundation, but did not blow off of the house. Many trees were destroyed. Holly and Rick, along with their children, will not be able to live in the home for many months. It will need to be rebuilt from the inside out.



The team from Friendship worked with other members from the Bethel community to clear out the tree debris. Many trees needed to be chain sawed into sections. Limbs and branches needed to be hauled to wood piles.

The group worked for about four hours. At the end of the day, most, if not all of the trees were cleared from the yard. All that was left was the large burning wood pile that reached nearly 8 feet tall.



Holly and Rick could not comprehend the number of people who showed up that day to help them. They were very thankful. When the group left, Holly hugged everyone goodbye. Smiles were exchanged and tears were wiped away.

The group ended their day driving further down Swope Road. Much to their shock and dismay, there was more serious devastation. Houses and barns were completely demolished. They decided to return to this stricken area in the following weeks to assist in the clean up.

With all of our help we can make a difference.

God Bless!

March Council Minutes

PASTOR'S REPORT (A full copy of the reports & minutes is posted in the lobby on the bulletin board)

- I am involved with the recovery efforts post tornado disaster of 3/2. My involvement begun the following day on 3/3 with assisting to coordinate relief efforts. I also coordinated with local clergy and organizations to hold a prayer service post disaster where over 60 people attended. I am currently serving on the Long-Term Recovery Committee as the Spiritual and Emotional Care Coordinator for Clermont County. This position involves training volunteers in SEC and coordinating them to respond. We held our first training on 3/15 where 17 individuals attended. More trainings are being scheduled for the near future.
- Destination Imagination will conclude their time at Friendship on 3/20. I will write letters to each student wishing them best of luck at their competition on 3/24.
- Friendship was a host site to Electronic Classroom of Tomorrow for their Ohio Graduation Tests 3/12 to 3/16.
- Melanie Recchia will be coming to Friendship in April as a guest speaker.

OUTREACH REPORT (Karen Kramer)

- On March 10th, a group from Friendship Church went out to Swope Road in Bethel to help clean up neighbor's yards from the tornado. We spent about 5 hours at a house whose yard needed cleared from tree trunks, branches and debris. Many members of the group registered with the Felicity Township Fire Department to return to the area. This outreach will continue until we are no longer needed.
- 2 church members went to distribution center on Clermont County Fairgrounds.
- Many members of our church also registered with the call center for Moscow. A few of us were called to go and assist.
- On April 7th at 11:00 we will be assisting with the Amelia egg Easter Hunt at Shank Park. We are donating air-heads and possibly taking pictures for the children with the Easter Bunny.
- Gabriel's Garden is still set for May 19th. We need to start developing a list of supplies for that day. We need to have a session prior to that day for the planning of the planting.

Printer cost and decision on purchasing a new printer vs. leasing

- Current cost for leased printer is \$2600 a year. John Clark's proposal to purchase a printer will save us several hundred the first year and then over \$1000 a year after that.
- Vote was entered on the whether to lease or buy equipment once the lease is up this summer. The vote was unanimous to purchase the equipment.
- *Action by council was to purchase our own equipment and a vote was taken, all in favor.*

March Council Minutes, Continued

Discuss new e-mail forwarding system

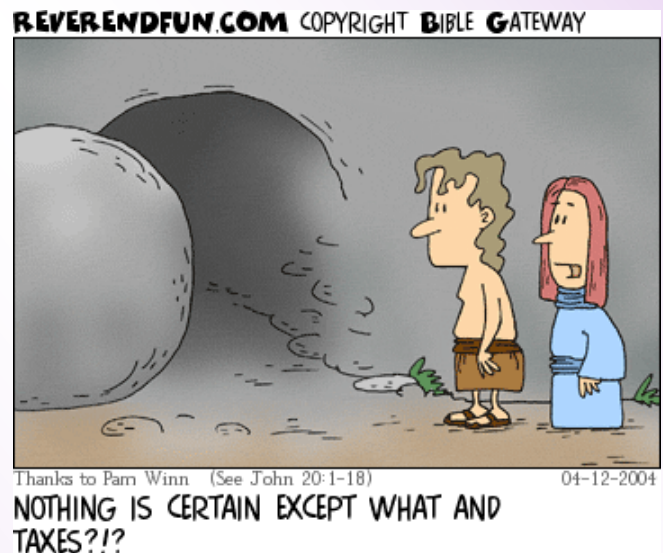
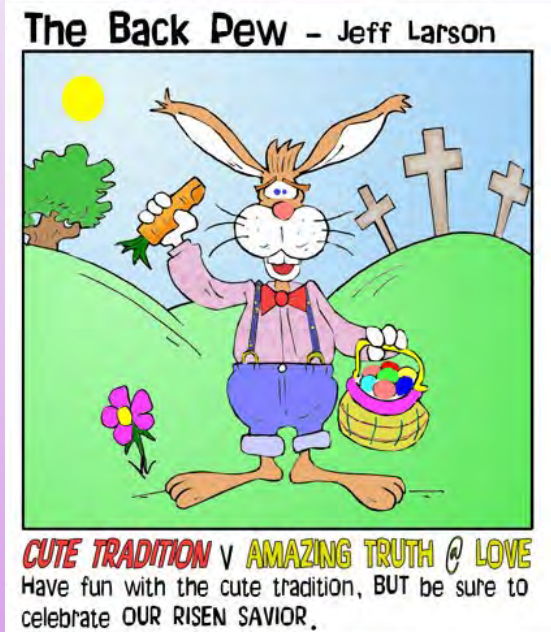
- We made it easy for someone to e-mail another member by allowing someone to send an e-mail to a member by placing @friendshipcincy at the end and then having the e-mail routed to that person's personal address. This way our e-mails look more professional that we have the same address visually, but behind the scenes it's still sending to our personal e-mail so we don't have to change email accounts.
- For a list of all email forwards please see the Church Directory.

Discuss desired procedure for event scheduling expectations

- All events must be planned and communicated at least 30 days in advance. This way the congregation will have plenty of time to plan for the event and we have ample time to promote it.

Update/Discussions on Nursery and Sunday School

- Council recognized that Steve Snoke has done a fabulous job filling Marti's position for Sunday School, but it is difficult to teach two different levels in one session.
- Stephanie Abshire has volunteered to take the Sunday School teacher role for the younger children.



A Stewardship Minute

“Inspiring a deeper understanding of true giving.”

“An introduction of Stewardship to the congregation”

A Stewardship Minute is available to subscribers of Stewardship at www.parishpublishing.org.

APRIL 2012

In this month's issue of Stewardship there is a story of a lady who had difficulties speaking clearly. So, when she was asked to be a greeter and welcome worshippers on Sundays, she wanted to say no.

Her thinking led her to the story of Moses. She remembered that when God called Moses to lead the Jews out of Egypt, he tried to dodge the responsibility. Moses reminded the Lord that he had a speech impediment and could not properly carry out what God desired him to do. God told Moses that he wanted Mo-

ses to do the job and that he would help him to achieve the task. The lady, who was asked to be a greeter, decided that she would give it a try. After all, even if she were totally mute, she could communicate lovingly by a winsome smile and a warm handshake.

Her story is a reminder God can use each of us in one way or another. Christian stewardship means being willing to use any and all of the gifts God has given us or will give us to enhance the kingdom of God on earth.

Jesus gave us his mandate in the 5th chapter of Mat-

thew: “You are the light of the world. No one after lighting a lamp puts it under the bushel, but on the lamp stand and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.”

Prayer: Loving God, giver of every good and perfect gift, help us to use the light you give us to repel the darkness of sin and evil and to make our world to be as you desire it to be in our Lord's name, Amen

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But why give at all?

Most Christians – in fact, most people – have experienced the true joy of generosity at some point in their lives. By giving, we are modeling ourselves after our loving God, whose abundant, generous giving fills our lives.

God calls each of us to reach out and help others – to use our hands to do God's work. The ELCA is a community of believers that works with partners worldwide to share God's boundless love with others.

Giving is at the heart of who God is. Giving is at the heart of who God's people are. Through our giving, God is able to make a difference for good in our world.

<http://www.elca.org/Who-We-Are/Our-Three-Expressions/Churchwide-Organization/Office-of-the-Treasurer/Funding-the-Mission/Why-Give.aspx>





- + **People who ARE looking for new opportunities.**
- + **MUST BE TEAM PLAYERS.**
- + **WAGES: BEYOND EXPECTATION.**
- + **BENEFITS: OUT OF THIS WORLD.**
- + **RETIREMENT: COMPLETE AND UNENDING PACKAGE.**

*Sunday Morning Ministry
Coordinator*

To manage the volunteer
calendar

Fellowship, Readers

Communion, Greeters

See Pastor Ron if interested!

Musical Talent

Guitar, Piano, Flute,
Choir, etc.

Please see Tim Vogel if interested!

Join our Music Team &/or Choir!!

Worship Volunteers

If you are interested in

Fellowship, Reading

Communion, Greeting...

Sign up on the bulletin board in
the lobby!

Nursery Attendant

Care for children
ages 0-3

Please see Pastor Ron for an
Application or FMI

\$25.00 per Sunday. 9:45-11:30

WE HAVE A PLACE FOR YOU!

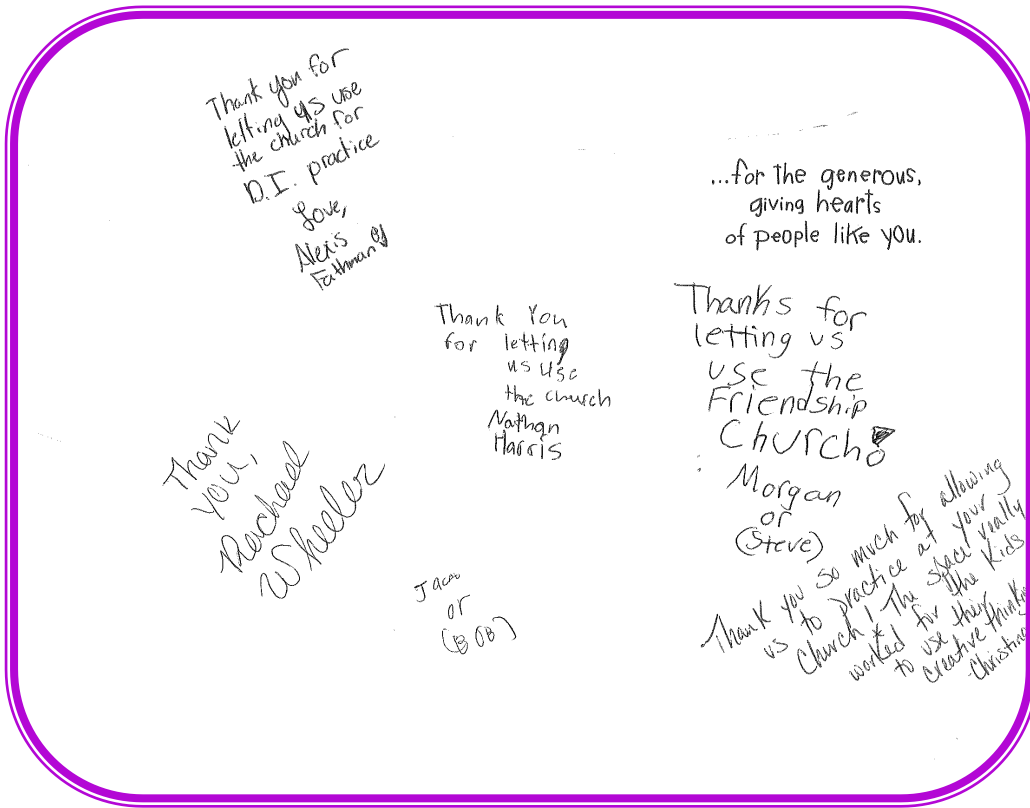
Name a ministry and I am sure on some
level we have it on radar somewhere!

Let us know how **YOU** are called to
serve.



WILL WORK FOR JESUS!

“Therefore go and make disciples of all
nations, baptizing them in the name of
the Father and of the Son and of the
Holy Spirit.” *Mathew 28:19*



**THANK YOU FROM
 DESTINATION IMAGINATION**

PRAYER REQUESTS

- ◆ Kim and Jeff Sears (friends of Hartmans) at the premature birth of their baby.
- ◆ Pray for John & Michelle Clark as they begin their journey toward adoption.
- ◆ For all those affected by the recent storms, may they find comfort, peace and hope during these difficult times.
- ◆ Renita Clark, (John Clark's sister) who has breast cancer. The cancer was contained and she will start chemo soon. Pray for recovery and health.
- ◆ Pam Luthi, (John Clark's cousin-late Aunt Karla's daughter) who had Mastectomy surgery on 3/17. Amen-she is cancer free and will not have to undergo chemotherapy.
- ◆ Nancy Brounley (Cousin of Bonita & Gerry) for healing from reoccurrence of cancer and undergoing treatments.
- ◆ Johnson (Cousin of Bonita & Gerry) for healing and strength with terminal stages of cancer.
- ◆ Andy Hakes, Scott Hakes' brother, who is facing serious health concerns.
- ◆ Karla Lesslie (John Clark's aunt) who was granted life eternal from breast cancer.
- ◆ Linda Fredrick, Stephanie Abshire's Aunt, was recently diagnosed with breast cancer.
- ◆ We pray for those imprisoned: that they may find the Lord's peace & mercy; that their hearts may be transformed & their lives restored.

Prayer concerns will be updated monthly in the newsletter and weekly in the announcements. They will remain on the list for 4 weeks unless you notify the office of further prayers needed. If you have prayers to add to or delete from this list, please e-mail:
announcements@friendshipcincy.org

1. Palm/Passion Sunday

O God of mercy and might, in the mystery of the passion of your Son you offer your infinite life to the world. Gather us around the cross of Christ as today we pray especially for your saints in Brunei, Malaysia and Singapore. Preserve your people until the resurrection, through Jesus Christ, our Savior and Lord. Amen.

2. On this World Autism Awareness Day (recognized by the United Nations), give thanks for the unique perspective of people on the autism spectrum. Pray for increasing autism awareness in our communities and support for those who care for people living with autism.

3. Pray for Pastor Jeffrey Truscott who serves as an ELCA missionary in Singapore.

4. Pray for the ministries of ELCA Disaster Response including the gearing up for a response to the March 2012 tornados in the central United States.

5. Pray for Pastor Phillip Baker who serves as an ELCA missionary in Malaysia.

6. Pray for Christians who petition government to fund poverty-focused programs that provide food assistance, affordable housing, health services, job training and educational opportunities as we walk alongside people who are at risk of becoming homeless.

7. On this World Health Day (recognized by the United Nations), give thanks for the advancements in public health throughout the world and pray that all may have access to adequate health care.

8. Resurrection of Our Lord, Easter Sunday

O God, you gave your only Son to suffer death on the cross for our redemption, and by his glorious resurrection you delivered us from the power of death. Make us die every day to sin, that we may live with him forever in the joy of the resurrection. Grant new life and hope in Christ for the people of East Timor, Indonesia and the Philippines through your Son, Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

9. Pray for Pastors Bradn and Natasha Buerkle who serve as ELCA missionaries in St. Petersburg, Russia.

10. Pray for all who attend the South Dakota Spring Rostered Leader event April 10-12 at the Lutheran Church of Our Redeemer, Watertown, S.D.

11. Pray for all who participate in the election process in the United States as we consider leaders who will serve our communities, states and country.

12. Pray for Pastor Sam and Cindy Wolff who serve as ELCA missionaries in Nairobi, Kenya.

13. Pray for the people of the Arkansas-Oklahoma Synod who meet in assembly in Tulsa, Okla., April 13-15.

14. Pray for the ELCA Church Council who meet at the Lutheran Center in Chicago, Ill., April 13-16.

15. Second Sunday of Easter

Almighty God, with joy we celebrate the day of our Lord's resurrection. By the grace of Christ among us, enable us to show the power of the resurrection in all that we say and do especially in Japan, North Korea, South Korea and Taiwan, through Jesus Christ, our Savior and Lord. Amen.

16. Pray for the renewal of the earth, a new understanding of what it means to be stewards of God's creation, and a future of abundance, hope and life.

17. Pray for the staff of the Metropolitan Washington, D.C. Synod who meet every Tuesday morning.

18. Pray for Patrick and Jacqueline Bencke, Dana Dutcher and Christine Eige, ELCA missionaries who teach English as a second language in Japan.

19. Pray for the executive board of the Women of the ELCA who meet in Chicago, Ill., April 19-22.

20. Pray for Pastor Eric Anspach-Hanson and Christie Hanson, and Pastor Nathan and Sharonette Bowman who work in parish ministry as ELCA missionaries in Japan.

21. Pray for the people of the Eastern North Dakota Synod who meet in assembly in Fargo, N.D., April 21-22.

22. Third Sunday of Easter

Holy and righteous God, you are the author of life, and you adopt us to be your children. Fill the people of Djibouti and Somalia with your words of life that we all may live as witnesses to the resurrection of your Son, Jesus Christ, our Savior and Lord. Amen.

23. Pray for all areas in Africa that are torn apart by violence, famine and corrupt leadership. Pray that just and wise leaders rise up to stand with all who suffer from injustice and who live in fear.

24. Pray for Pastor Brian and Christine Palmer who serve as ELCA missionaries in Monrovia, Liberia.

25. On this World Malaria Day (recognized by the United Nations), pray for the ELCA Malaria Campaign, which strives to provide mosquito nets, insecticides, medication, health care, education and more to help eliminate deaths from this disease.

26. Pray for the people of the Alaska and Rocky Mountain Synods as they meet in assembly this weekend and each elect a bishop.

27. Pray for the people of the Metropolitan Washington, D.C., Western Iowa, Eastern Washington-Idaho, Northeastern Minnesota, Northern Texas-Northern Louisiana and Oregon Synods as they meet in assembly this weekend. Pray especially for the bishop's election in the Northern Texas-Northern Louisiana Synod.

PRAYER VENTURES, CONTINUED

28. Pray for Megan Ross who serves as an English teacher at the Huria Kristen Batak Protestan Deaconess School in Balige, North Sumatra. As a deaconess, her walk with other women committing their lives to faith and service in Christ is an inspiration to those with whom she works.

29. Fourth Sunday of Easter

O Lord Christ, Good Shepherd of the sheep, you seek the lost and guide us into your fold. Feed us, and we shall be satisfied; heal us, and we shall be whole. Make us one, especially with the people of Eritrea and Ethiopia, for you live and reign with the Father and the Holy Spirit, one God, now and forever. Amen.

30. Pray for all of us as we strive to answer our baptismal call for justice and peace in all the earth.

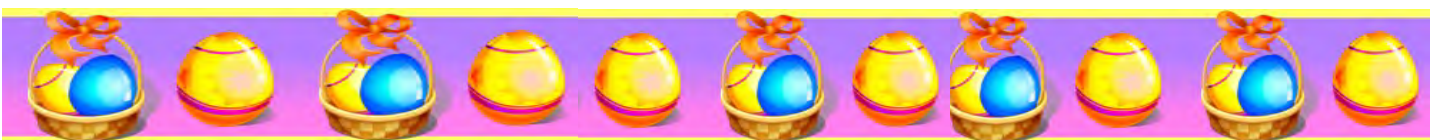
This resource may be copied and shared among members and friends of the congregations of the Evangelical Lutheran Church in America.

Contact info@elca.org for additional information.

Evangelical Lutheran Church in America, 8765 W. Higgins Road, Chicago, IL 60631. Telephone: 800-638-3522, ext. 2458

EASTER QUOTES

- ♥ Easter says you can put truth in a grave, but it won't stay there.
~ Clarence W. Hall.
- ♥ Easter is the demonstration of God that life is essentially spiritual and timeless.
~ Charles M. Crowe.
- ♥ Tomb, thou shalt not hold Him longer; Death is strong, but Life is stronger; Stronger than the dark, the light; Stronger than the wrong, the right; Faith and Hope triumphant say Christ will rise on Easter Day.
~ Phillips Brooks.
- ♥ The great gift of Easter is hope - Christian hope which makes us have that confidence in God, in his ultimate triumph, and in his goodness and love, which nothing can shake.
~ Basil C. Hume.
- ♥ The spirit of Easter is all about Hope, love, and joyful living.
~ Anonymous.
- ♥ Let every man and woman count himself immortal. Let him catch the revelation of Jesus in his resurrection. Let him say not merely, "Christ is risen," but "I shall rise."



APRIL 2012



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Bible Study 1 Corinthians 7-8 pm	4	5 Music Team Practice 6:30 pm	6 Good Friday Worship 7:00 pm	7 Men's Group 9 am @ Campbell's Barn Amelia Easter Egg Hunt 11:00
8 Easter 9:00 Breakfast 10:00 Worship 11:00 Egg Hunt	9	10 Bible Study 1 Corinthians 7-8 pm	11 Council Meeting 7:00 pm	12 Church Cleaning 5:30 pm	13 Scrapbook/ Craft Night 6 pm-midnight	14
15 9:30 Sunday School 10:00 Worship 11:00 WOFF	16	17 Bible Study 1 Corinthians 7-8 pm	18	19 Family Conversations 6:30 pm Music Team Practice 6:30	20	21
22 9:30 Sunday School 10:00 Worship	23	24 Bible Study 1 Corinthians 7-8 pm	25	26 Church Cleaning 5:30 pm	27	28
29 9:30 Sunday School 10:00 Worship	30					For a full calendar of events visit our website! ***** www.friendship cincy.org



SPRING INTO FRIENDSHIP!

GOOD FRIDAY SERVICE: We will have worship on **Good Friday at 7pm** with the Shadows of the Cross litany service.

AMEILA EASTER EGG HUNT: Friendship Church will be participating in the Amelia Easter Egg Hunt by handing out Airheads candy & invitations to our upcoming Parenting Workshop. The event will take place **Saturday, April 7th at Spencer Shank Memorial Park**. If you are interested in helping, please contact Karen Kramer at kkramer@friendshipcincy.org. Helpers will meet at the church at 10:15.

EASTER AT FRIENDSHIP: We will celebrate **Easter on April 8th with breakfast served at 9:00 am, worship at 10:00 am, and egg hunt at 11:00**. Breakfast will be scrambled eggs, ham, pancakes, bagels, coffee cake, milk, juice, and of course, coffee. Contact Rochelle Feine with questions or to help with food. Rfeine@chubb.com

WOFF SPRING EVENT AT FLC: We will be having our first Spring event led by the leadership institute members, title of event as the WOFF (Worship & Outreach Feedback Forum) on **Sunday, April 15th following worship**. We welcome all congregation members to attend this event to provide feedback on our Worship and Outreach areas. The event will not last longer than 1 hour. Since this is following worship, we will be having a **Spring potluck** and invite members and guests to bring their favorite Spring dish to share!

LADIES SPRING CONFERENCE: Join Michelle **Sat. April 21** from 8:45-Noon at Peace Lutheran Church (Georgetown). Cost \$9.00, includes a yummy catered lunch! Register at www.soswomen.org or see Michelle Clark FMI.

READ THE BIBLE IN 1 YEAR

You may start this reading program any time of the year. — Read a few chapters as listed, daily.

Week	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
45	JOHN 8-9	JOHN 10-11	JOHN 12-13	JOHN 14-15	JOHN 16-17	JOHN 18-19	JOHN 20-21
46	ACTS 1-2	ACTS 3-4	ACTS 5-6	ACTS 7-8	ACTS 9-12	ACTS 13-16	ACTS 17-19
47	ACTS 20-23	ACTS 24-28	ROMANS 1-3	ROMANS 4-7	ROMANS 8-10	ROMANS 11-13	ROMANS 14-16
48	1 CORINTHI- ANS 1-4	1 CORINTHI- ANS 5-9	1 CORINTHI- ANS 10-13	1 CORINTHI- ANS 14-16	2 CORINTHI- ANS 1-4	2 CORINTHI- ANS 5-7	2 CORINTHI- ANS 8-10
49	2 CORINTHI- ANS 11-13	GALATIANS 1-3	GALATIANS 4-6	EPHESIANS 1-3	EPHESIANS 4-6	PHILIPPI- ANS 1-4	COLOS- SIANS 1-4



3/15/2012

Dear Ron Mathews,

On behalf of the staff at Life Line Screening, we would like to thank you for allowing us to come to your community. The results from the screening are as follows:

Carotid Artery Disease Total Screened: 52 Normal Range: 23 Moderate: 29 Findings of Possible Significance: 0	Abdominal Aortic Aneurysm Total Screened: 52 No Aneurysm: 50 Aneurysm: 2 Required Immediate Follow up: 0	Peripheral Arterial Disease Total Screened: 52 Normal: 48 Abnormal: 3 Critical Arm Pressure: 1
Atrial Fibrillation Total Screened: 49 No Atrial Fibrillation: 49 Atrial Fibrillation: 0	Osteoporosis Total Screened: 38 Low Risk: 32 Mild to Moderate Risk: 6	Liver Function Total Screened: 7 Desirable: 7 Elevated: 0
Glucose Total Screened: 13 Normal: 12 Pre-Diabetes: 1 Diabetes: 0	Lipid Panel - Total Cholesterol Test Total Screened: 13 Desirable: 10 Borderline High: 3 High: 0	Lipid Panel - Triglyceride Test Total Screened: 13 Normal: 8 Borderline High: 4 High: 1
Lipid Panel - HDL Test Total Screened: 13 Protective Against Heart Disease: 2 Normal: 9 Risk Factor for Heart Disease: 2	Lipid Panel - LDL Test Total Screened: 13 Optimal: 4 Near Optimal/Above Optimal: 7 Borderline High: 2 High: 0	C-Reactive Protein Total Screened: 9 Low Risk: 2 Average Risk: 4 High Risk: 3

Thank you for your help in bringing such an important service to the members of your community. We look forward to our next screening together.

Sincerely,

Matt Kovacic

Life Line Screening

www.lifelinescreening.com/community-partners

mkovacic@llsa.com

Phone: (800) 897-9177 ext. 1518

How Celebrating Easter Can Affect Our Lives

By Christine Hulme

The Easter season is a wonderful and at the same time a strange time of the year. Wonderful because it signifies the end of the cold, dark Winter and the beginning of light and life, with all the amazing colors that blossom in nature. In our physical world we all recognize that we need and even crave this light and life and are only too happy to celebrate by eating chocolate and other goodies and enjoying time off work to relax in the newly budding world around us.

It's also a strange time, as it's one of those few times of the year when many of us try to grasp the Easter meaning and indeed the meaning of life. Many of us know all about the chocolate eggs and bunnies, but do we know the Easter facts pertaining to Good Friday and Easter Sunday? How do we answer our children's questions about Easter? For many of us, we don't want to go there, because it depresses us to think about death and crucifixion. It's something we don't like to think or talk about in our western world, where modern science and medicine can ward off the inevitable for some time and help us to avoid pain. Yet it is the things in life that require pain and sacrifice that often bring the greatest rewards. The "risk takers" will have many stories to tell of coming out of their "comfort zones" and learning to "walk on water" and yet reaping huge rewards. This requires faith and trust. If you believe that God created you and the world then you have Him as the greater being in whom you can trust when you are required to "walk on water", knowing that as the creator, he knows the way.

There are many Easter verses in the Bible that retell the story, but one speaks of how one person having gone through death for us, can give us life: "Just as Christ was raised from death by the glorious power of the Father, so also we might live a new life" (Romans 6v4). Some would admit that during the Easter Season they feel a sense of death. If you take hold of this, you can use this time to let go of the death in your life, for which Christ died. It requires cognitive repentance as a recognition of the separation that it has caused between you and God, the giver of life. But then you don't stay there, you need to move on into accepting the new life that replaces the death as you are no longer separated, but rather joined to God. He desires you, just as you crave light and life, but is only waiting for you to make the next move! Even though he is the God of all power, he never forces himself on us, but wants us to desire this relationship with him that will be a continual source of peace and life, if we will let it.

Why we celebrate Easter is a question that each of us needs to answer for ourselves, but next time you bite into an Easter egg, spare a thought for the Easter facts that history records as a testimony to us now- that we don't need to remain in death and pain, there is a way to find freedom and life.

Christine Hulme has been married for 28 years and has four children. For the past 10 years she has been involved in a therapeutic community, committed to helping people mend their lives, leading to restored relationships.

<http://www.squidoo.com/celebrate-easter>

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He Is Not Here—He Has Risen!

By Art Fahy

The night Jesus was arrested, his disciples scattered. They feared for their lives. John was the only disciple at the crucifixion. His closest followers were trembling behind closed doors.

The third day after Jesus' death Mary Magdalene and some other women went to Jesus' tomb. The tomb was empty except for an angel. I cannot imagine the thoughts that went through their minds. Fear, confusion, and anger must have run through every fiber of their being.

These thoughts and feelings cleared when the angel stated he is not here; he has risen! Then they recalled Jesus' words. During his ministry, Jesus spoke of his resurrection. In the Old Testament, Isaiah 26:19, Psalm 17:15 and Daniel 12:2 tell of the resurrection. Jesus kept his promise that he would rise after three days.

Since Jesus kept this promise, he will keep all his promises. Jesus overcame death and we will overcome death. Our destiny is spending eternity with God. The same power that raised Christ from the dead is available to all of us. That power will raise us up spiritually. It will transform an ordinary life into an extraordinary life.

Jesus had work to do after his resurrection. For the next forty days, he appeared to his disciples, even a crowd up to five hundred people, and other followers.

After the disciples saw Jesus and heard him speak, they transformed from fear to boldness and courage. Their teaching focused on the resurrection of Christ. Acts 4:33 states with great power the apostles continued to testify to the resurrection of the Lord Jesus and much grace was upon them.

These witnesses not only saw but also knew the truth. These followers would not die for a lie. They were willing to put their life on the line for a resurrected Jesus.

What is Christianity without the resurrection? The resurrection of Christ is the foundation of our faith. If there is no resurrection, there is no Christian faith. The resurrection proves beyond a doubt that Jesus is alive. He is not a myth, an imposter or an idea but real. Jesus is ruling his kingdom our future home. The resurrection of Jesus is the basis for the church's witness to the world and more importantly, it truly establishes Jesus as the Son of God.

Death is not the end—there is a future.

My name is Art Fahy. I write Christian articles and short stories. I am now writing a Christian novel. I can be reached at lagbch@cox.net

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- **Helping you EXPERIENCE God**
- **SHARING God's love with others**
- **PRACTICAL Service & ministry**
- **GROWING in faith**
- **Helping you become PASSIONATE about your faith.**

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Our belief in the God who gives hope, forgiveness, and everlasting life as gifts of grace is central to everything we do and are at Friendship. In response to God's grace we are committed to living as Disciples of Him by helping people experience the new life God gives to all who entrust their lives to Jesus Christ.



Submit articles to Michelle Clark
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